

車種下げ、運休時の表記方法

Table with 4 columns: 車種等 (Train types), 記号記号 (Codes), 車種等 (Train types), 記号記号 (Codes). Rows include 1系, 2系, 4系 and 6系, 8系, 運休.

【管外地域間便】

Main table for inter-regional services. Columns include route names (e.g., 東京・長野, 東京・松本), train types, and a grid of service days from 8/9 to 9/8. Includes a '備考' (Remarks) column.

【管内地域間便】

Main table for intra-regional services. Columns include route names (e.g., 松本・新潟, 松本・新潟), train types, and a grid of service days from 8/9 to 9/8. Includes a '備考' (Remarks) column.

Summary table with 2 columns: 関係支社 (Related Company) and 関係郵便局 (Related Post Office). Lists various branches and their corresponding post offices.